

# ALTERNATIVE TREATMENTS TO DEPRESSION THAT WORK



**TMS &**  
Brain Health

(833) 867-2329

Science has advanced in leaps and bounds, but psychiatrists keep prescribing the same old, one-size-fits-all depression and anxiety medications. These medications don't work for everyone. That's why TMS & Brain Health focuses on the patient as an individual. Our medical team creates **personalized treatment plans** based on your history and your goals. Along the way, we keep an eye on your progress and optimize our approach based on your results.



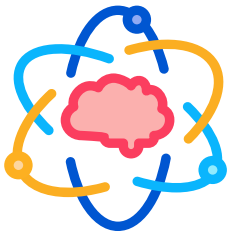
## TMS THERAPY

**TMS therapy** is an FDA-approved alternative to medication. It awakens parts of the brain that are inactive in depressed people.



## KETAMINE INFUSIONS

**Ketamine infusions** tend to work faster than most medications. Patients have reported feeling relief during the first session



## NEUROFEEDBACK

**Neurofeedback** helps you retrain your brain. By letting go of unhelpful brainwave patterns, you can make way for new ones



## INTENSIVE OUTPATIENT PROGRAM

A **program** that integrates our treatment options with group therapy, one-on-one therapy, and case management.